

CATCH THE PIRANHAS!

Be a part of the new team in swimming by joining the ***Kingsport Piranhas***. The ***Kingsport Piranhas*** is a comprehensive swimming program offering year round instruction, training, and competition for individuals of all ages and abilities (pre-school to adult). Our quality program attracts individuals from all areas of the Tri-Cities. Anyone from beginner swimmer to potential Olympic champion can join our program.

For those ready for competitive swimming, the ***Kingsport Piranhas*** provide committed and motivated young swimmers the opportunity to train seriously in preparation for higher levels of competition. ***Piranha*** swimmers strive to rank among the top swimmers in their age categories and are provided an individualized training program designed for success in state, regional, national, and international competition.

Coaching Staff

The coaching staff of the ***Kingsport Piranhas Swim Team*** is one of the most experienced in the area. The Head Coach and director is **Jorge Blasini** who has over 40 years of coaching experience with age group swimmers. Prior to coming to Kingsport, Coach Blasini was the head coach and Aquatic Director of the Isidore Newman School in New Orleans, La. where he directed the program to 13 state championships and founded the NUWave Swim Club. He has been coaching in Kingsport since 2006 and is a resident of Mount Carmel. He and his wife Cheryl have a son and 2 daughters and 4 grandchildren.

Assisting with the coaching is **Nathan Love** who is the Head Coach of the Dobyns-Bennett Varsity Swim Team. Nathan swam for both Indian River Community College in Florida and the University of Tennessee. Nathan has been coaching both high school and age group swimming for 17 years.

Training Facilities

The ***Kingsport Piranhas*** conduct all training at two locations: the Dobyns-Bennett High School located at 1800 Legion Street; and the brand new Kingsport Aquatic Center located at 1820 Meadowview Parkway. The Dobyns-Bennett facility is a 25 meter

indoor L-shaped six lane pool. The Kingsport Aquatic Center is an indoor 3 pool complex with an outdoor waterpark and features an 8 lane 50 meter indoor, air-conditioned pool with bleacher seating, a warm water 4 lane teaching/lap pool, and an slide/rec pool.

Training Groups

The ***Kingsport Piranhas*** uses a “progressive” age group program designed to develop the child physically, mentally and emotionally in a systematic fashion. A well-defined, long-term approach of gradually increasing degrees of commitment is essential to reach peak performance levels during a swimmer’s physiological prime.

The **Blue** group is for swimmers that are new to the sport of competitive swimming. These children have shown an interest in swimming, are comfortable in the water, and are willing and able to follow the coach’s instructions. The swimmer can already complete one pool length (25 meters) of both freestyle and backstroke with reasonably good form. The technical goals of the group include learning and refining the four competitive strokes (Freestyle, Backstroke, Breaststroke, and Butterfly), proper turns, and starts.

Practice sessions: 45 minutes-one hour.

Attendance requirements: None

Attendance recommendations: 3 times per week.

Equipment Required: goggles, *Finis* snorkel, silicone padded nose plug, fins, pull buoy, kickboard, mesh bag

Other sports activities outside of swimming are both accepted and encouraged, especially those that emphasize body awareness and cardiovascular conditioning (eg: gymnastics, karate, soccer).

For the Advanced Swimmer training groups are assigned based on the skill and level of commitment that the swimmer possesses. Visit our website at www.KingsportPiranhas.com for more information.

Please Note: Practices will be conducted at Dobyns-Bennett High School and at the new Kingsport Aquatic Center (KAC). The training and competition schedule is posted on the website and distributed by e-mail. It is

important that you have your correct e-mail on your account information to receive notices and invoices.

Blue Group Practice Times Starting August 17, 2015

(more info can be found on our web site)

Monday/Tuesday/Wednesday/Thursday

5:45 - 6:30 PM

Training Fees (as of 8/17/15)

The ***Kingsport Piranhas*** is a year-round program. Dues are based on the practice group a swimmer belongs to. Dues may be paid monthly or annually.

Annual Registration Fee: \$100

	Monthly Plan	Annual Plan
Blue Group	\$75	\$825

Annual payment is due September 1st

Monthly payments are due at the first of each month.

For your convenience and for more accurate processing, we have an online registration, payment and billing system. ***The preferred method of payment will be MasterCard, Visa, Discover or electronic debit for all payments. There will be an additional \$5.00 processing fee for all transactions paid by paper check.***

Those selecting 11 month payment plan for payment of their annual membership will have their payments debited automatically on the first of the month on the credit card or checking account that you must designate starting September 1st through July 1st.

Annual Payment Plan: Families who chose this option must pay the full amount by September 1st. **Financial Assistance:** If a child qualifies for the Federal Lunch Program, reduced USAS and training fees apply.

Family Fundraising Contribution

The cost of running a 12 month swimming program is supplemented by parent’s fundraising and volunteer commitments.

Each family is required to raise a total of \$75 each quarter year beginning September 1, 2015 in the form of advertisements, sponsorships, or donations.

Families are encouraged to meet with a parent rep to learn about easy ways to raise funds. Families not meeting their fundraising commitment by the end of **November 30, February 29, May 30, and July 31,**

will receive the balance due on their next monthly billing statement.

Supporting team fundraisers such as Scrip purchases, program ads, Splash for Cash, and finding corporate sponsorship are all recognized methods of fundraising. We are now officially recognized by the IRS as a 501c3 not for profit. We will be adding Food City and Kroger gift cards to the fundraising options.

Ways to help fundraise:

- **Shop with Scrip gift cards-easiest way to fund raise you earn cash while you do your daily shopping for all your food, household needs, hotels, cruise and airfare, umpteen ways to earn cash!**
- Web ad submission
- Meet Program ad submission
- Team Donation (direct)
- Team Donation (on behalf of a business, or third party)
- Meet Raffle donation
- Splash-for-Cash support

Meet Fees

Swim meet participation plays a very important role in the development of our swimmers. We select quality meets and venues that enhance the competitive experience for our swimmers and families. Meet fees are based on the number of events swum at each meet. Typically around \$4 per event. A daily fee of \$5 per swimmer is assessed for out-of-town meets to help defray the costs associated with sending a coach to the meet.

In order to facilitate our meet entry process and payment of entry fees, all meet entry fees will be billed and charged to the swimmers account once the entry is finalized. Accounts are established for each family to handle all transactions including meet entry fees and additional charges such as swim suits, goggles, and other miscellaneous items. Each family will have an online account and access code.

This is a service to our members and we ask your cooperation in keeping your account up to date. For your convenience, we will be accepting MasterCard, Visa, Discover, and ACH for all payments.

PLEASE NOTE! Team entries are submitted to the host team a minimum of two weeks prior to the event date. If there is a conflict which will not allow a swimmer to participate, the swimmer(s) status must be declared for the

meet on the website by the meet entry deadline in order to have your swimmer(s) excluded from a meet entry. ALL SWIMMERS' STATUS MUST BE DECLARED ON THE MEET ENTRY PROCESS IN ORDER TO AVOID PAYING ENTRY FEES! *Once an entry has been submitted, families will be charged accordingly whether or not swimmers participated. All entries are final!*

PARENTAL INVOLVEMENT

Swimming is a unique sport in that successful clubs have a strong, dedicated corps of parents that can be counted on to actively support the coach and the activities of the club. *Kingsport Piranhas* parents are expected to do their part to help make the team a better experience for everyone involved. Parents can be involved in 3 main ways:

1. Volunteer to help out either at team functions or behind the scenes. Volunteering can be simple, such as timing at a swim meet, or more in depth, such as becoming a certified official; or organizing a team function.
2. Support your child's efforts and encourage his/her dedication
3. Take care of the "hidden training" – the 20-plus hours of the day that a child is not in the pool swimming. Proper nutrition, adequate rest, keeping up on studies – these types of things impact a swimmer's performance in the water.

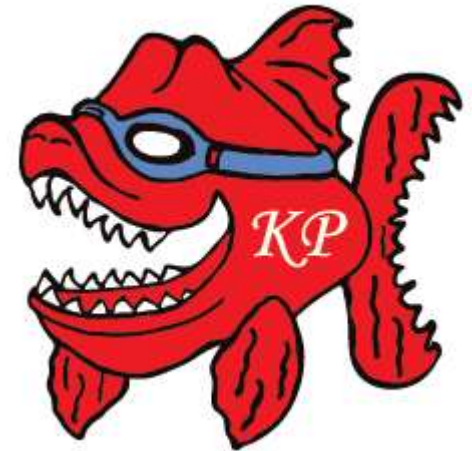
Kingsport Piranha Website & Methods of Communication

Website: www.KingsportPiranhas.com
Email: swimKingsport@gmail.com
Phone: 423-967-4264
Facebook: [KingsportPiranhas](https://www.facebook.com/KingsportPiranhas)
Mobil App: [Parent On Deck](https://www.gettyapps.com/app/parent-on-deck)

All communications from the coaching staff are sent through the website, so it is important that your email information and text messaging numbers are up to date and correct. Team Unify, our website providers, also have a mobile application for IPAD and Android users called "Parent On Deck" which integrates with our website and is used by the staff to send emergency notifications.

For further information contact
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**Proudly serving the
Tri-Cities community!**